

Rip Tide Aquatics

Mid Summer High Point 5

Date & Time: Saturday, July 23, 2005 and Sunday, July 24, 2005 beginning at 9:00 a.m. each day.

Location: California State University Bakersfield, John S Hillman Memorial Swim Complex, 9001 Stockdale Highway, Bakersfield California 93309.

Directions: North and south Highway 99. Take Stockdale Highway exit from 99. Go west for approximately 5 miles to Gosford. Go left (south) on Gosford to Camino Media. Go right (west) on Camino Media to the southern entrance for Cal State Bakersfield. Go right (north) into the campus. The pool is located behind the gymnasium next to the Soccer fields.

Facility: Ten competitive wide short course lanes with a minimum depth of 6 feet. Continuous warm up/swim down is also available in a separate 25 yard pool. The facility is equipped with competitor lane lines, Colorado timing system with scoreboard and KDI Paragon starting platforms.

Warm-up: Warm-ups begin at 7:30 a.m. under coach supervision only. General warm-up in all lanes during the first 30 minutes. No diving during general warm-ups. Specific warm-up in designated lanes during the last 30 minutes of warm-up. Diving and One-Way sprints will be conducted under direct coach supervision in lanes 2 & 5 only during the specific warm-up period.

Rules: All events are timed finals. Swimmers must compete in the age group determined by their age on the day of the meet. Swimmers may enter a total of four (4) events daily, including relays. Events will be deck seeded using a master check-in. Swimmers in the first eight events of the meet must check in by 8:30 a.m. Mixed relays must have at least one boy, but not more than two boys. Two swimmers may be "aged-up" one age group to complete a relay. Relay cards will be due at a time announced at the coach's meeting. Swimmers in the 500 yard event must supply their own timers, lap counter and counting device.

Starts: Coaches please note we will be using championship starting procedures with "flyover" starts.

Entries: All entries must be submitted on the attached consolidated entry card. Entries must be made by Coaches only or by their designees. Entry fees are \$2.00 per individual event and \$5.00 per relay event. Teams will be presented with a bill for all fees, which are due at the conclusion of the meet. Entries due July 16, 2005. Entries should be sent to:

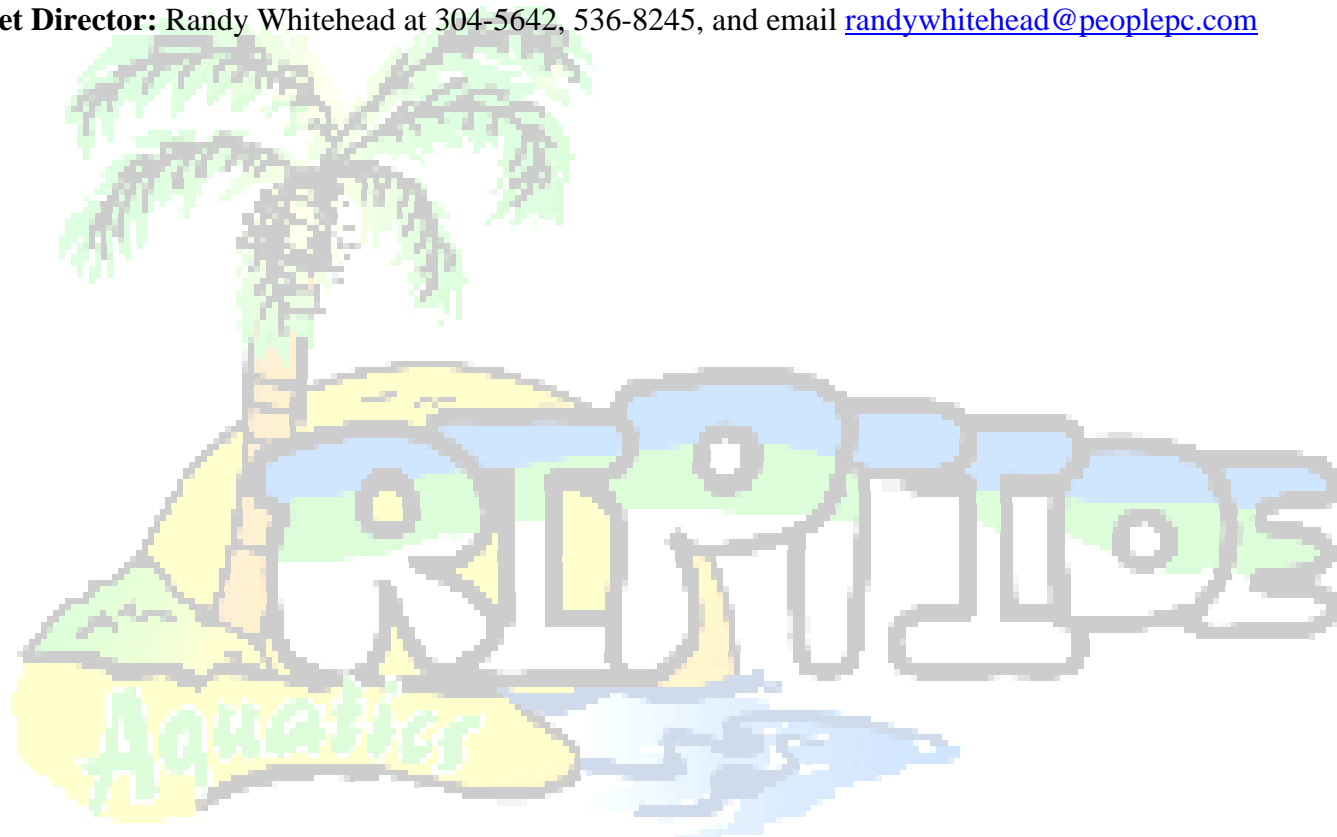
Randy Whitehead
46182 Jessie's Way
Posey, CA 93260
or email to randywhitehead@peoplepc.com

Awards: Age groups will be swum as designated on the fact sheet, but will be awarded separately as follows: 6 & Under, 7,8,9,10,11,12,13,14,15-18. Medals will be awarded for first through third, Ribbons will be awarded for fourth through ninth in individual and relay events. High point Awards will be awarded for first through third places in each age group. Team high point awards will be awarded for first through third places.

Concessions: A full concession area will be available.

Officials: If any available Kern Swim Council officials wish to help, please contact the meet director.

Meet Director: Randy Whitehead at 304-5642, 536-8245, and email randywhitehead@peoplepc.com



Rip Tide Aquatics Consolidated Entry Card

Name: _____

Age: _____ Birthdate: _____ M or F

Phone: _____ Team: _____

ENTRIES DUE Saturday, July 16, 2005.

Event #: Description: Time:

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Name: _____

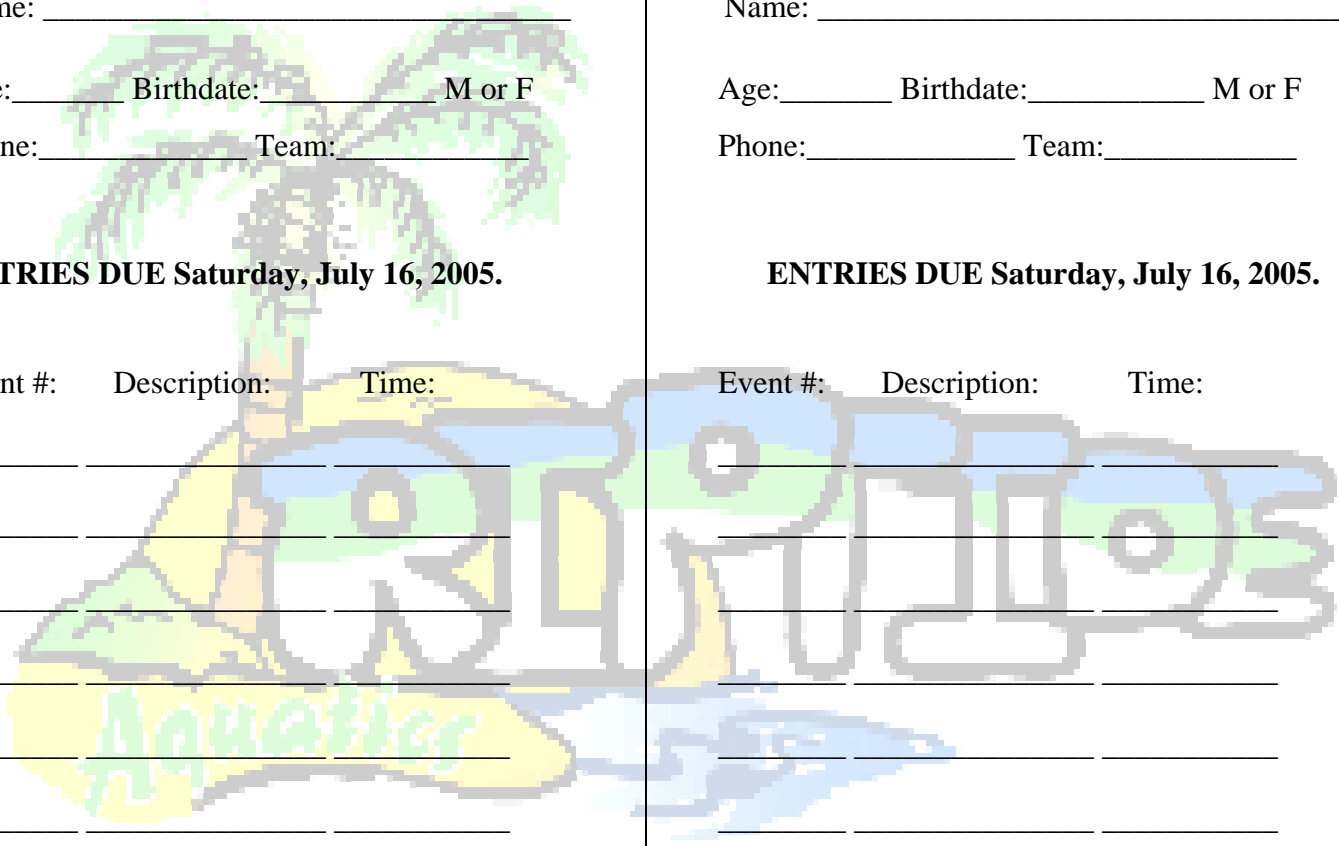
Age: _____ Birthdate: _____ M or F

Phone: _____ Team: _____

ENTRIES DUE Saturday, July 16, 2005.

Event #: Description: Time:

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____



Saturday, July 23, 2005

Girl's	Age Group	Event	Boy's
1	8 & Under	100 IM	2
3	9-10	100 IM	4
5	11-12	100 IM	6
7	13 & Over	200 IM	8
9	8 & Under	50 Back	10
11	9-10	100 Back	12
13	11-12	100 Back	14
15	13 & Over	100 Back	16
17	8 & Under	25 Breast	18
19	9-10	50 Breast	20
21	11-12	50 Breast	22
23	13 & Over	200 Breast	24
25	8 & Under	50 Fly	26
27	9-10	100 Fly	28
29	11-12	100 Fly	30
31	13 & Over	100 Fly	32
33	8 & Under	25 Free	34
35	9-10	50 Free	36
37	11-12	50 Free	38
39	13 & Over	50 Free	40
41	6 & Under	Mixed 100 Free Relay	41
42	7-8	100 Mixed Free Relay	42
43	9-10	200 Mixed Free Relay	43
44	11-12	200 Mixed Free Relay	44
45	13-14	200 Mixed Free Relay	45
46	15-18	200 Mixed Free Relay	46
47	10 & Over	500 Free	48

Sunday, July 24, 2005

Girl's	Age Group	Event	Boy's
49	8 & Under	100 Free	50
51	9-10	200 Free	52
53	11-12	200 Free	54
55	13 & Over	200 Free	56
57	8 & Under	25 Fly	58
59	9-10	50 Fly	60
61	11-12	50 Fly	62
63	13 & Over	200 Fly	64
65	8 & Under	50 Breast	66
67	9-10	100 Breast	68
69	11-12	100 Breast	70
71	13 & Over	100 Breast	72
73	8 & Under	25 Back	74
75	9-10	50 Back	76
77	11-12	50 Back	78
79	13 & Over	200 Back	80
81	8 & Under	50 Free	82
83	9-10	100 Free	84
85	11-12	100 Free	86
87	13 & Over	100 Free	88
89	30 & Under Combined	100 Mixed Medley Relay	89
90	50 & Under Combined	200 Mixed Medley Relay	90